



## ROLLING SUBS FOR 2024 WINTER SEASON

### **Change in Rules for 2024 Winter Competition (Saturday matches)**

Rolling Substitutions will be played throughout the NSNA Winter Competition for all grades that participate in the **Saturday Fixtures**.

Rule 10: Substitutions and Team Changes 1-4 – WILL NOT BE IMPLEMENTED AT NSNA

### Rules for Rolling Substitutions

While play is in progress, any team may choose to use rolling substitutions provided the rolling substitution is performed with players on the team bench who have been named on their team sheet.

- (a) The rolling substitution stands at the designated area. This is will be in line with the centre circle.
- (b) Before leaving the designated area, the substitute tags (with hands) the player leaving the court.
- (c) Only 1 rolling substitution per team can be made at a time.
- (d) Play is not to be held up for rolling substitutions. If play is delayed, the player will be penalised under Rule 19. Foul Play, Unfair Play 2. Delaying Play, which states a player or team may not intentionally waste time or delay play.
- (e) Players must observe the offside rules as they enter/leave the court, in the event a player goes offside: **Sanction:** Free pass where the infringement occurred (offside area) unless this places the non infringing team at a disadvantage when the sanction will be given where the ball was when play stopped, or advantage applied.
- (f) Players must not interfere with the umpire's movement during the substitution, in the event a player interferes with an umpire: **Sanction:** Free pass where ball was when play stopped unless this places the non infringing team at a disadvantage when advantage will be applied.
- (g) If a player leaves the court as a rolling substitution and there is no player at the designated area, the replacement player will be treated as a late player under the rules and can enter at a "break in play" (defined in the Rules of Netball 2024 Edition)

Note the player leaving the court must be substituted with a player into the same position – team changes can not take place during the rolling substitution (ie GK leaves the court, new player must take the GK position)